A Synthesis of International School-based Bullying Interventions

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Bullying is a prevalent problem in school systems in the United States and abroad. This literature review focuses on elementary school-based bullying interventions for students published between 2005-2012. Ten studies reviewed included students from the first grade through the eighth grade from five countries. There were many common themes among successful bullying interventions including: (a) teacher training, (b) school-wide interventions, (c) social skills training in the classroom, (d) homework as a follow up to instruction, and (e) the incorporation of storybooks. Implications for practice and future research directions are shared.

Keywords: bullying, intervention, interventions for bullying, literature review